



## Little Sprouts Early Learning Center LLC

7139 Bernville Road

Bernville, PA 19506

610-488-9900

# Child's First Day Checklist of things to bring

### Toddlers & Young Preschool      Preschool & PreK      Seasonal Preschool

Empty Reusable water bottle, must be taken home weekly to wash & bring back		Empty Reusable water bottle		Backpack with extra change of clothes
2-3 changes of clothes including shoes		2-3 changes of clothes including shoes		FILLED reusable water bottle
Blanket and Small pillow or stuffed animal, NO Sleep sacks or swaddles		Blanket and Small pillow or stuffed animal		Epi-pen, asthma action plan, or allergy action plan if applicable
Diaper Cream <u>labeled</u> with name		Sunscreen if applicable, labeled with name		NO plastic bags (grocery, Ziplock, etc)
Sunscreen if applicable, labeled with name		Epi-pen, asthma action plan, or allergy action plan if applicable		
Epi-pen, asthma action plan, or allergy action plan if applicable		<b>Preschool Only:</b> If your child is not fully potty trained, you must provide easy open sided pull-ups. See note below.		
NO Bottles, formula, baby foods		NO plastic bags (grocery, Ziplock, etc)		
NO plastic bags (grocery, Ziplock, etc)				
*Optional, backpack or reusable bag, if bringing diaper bag must remove all diapers, wipes, medications				

\*Note: **Preschool** students potty training must come with multiple pairs of underwear, pants, and shoes and socks OR may bring one pair of crocs. If we run out of underwear/pants your child will be sent home or if easy-open pull ups provided from home they will be put in one of those.

-**PreK** students must be fully potty trained.

-**Young Preschool** students who are potty training must come with multiple pairs of underwear and pants and shoes and socks, or bring one pair of crocs. If they run out of underwear, pants, an shoes or socks they will be sent home. If you bring crocs we can wash them out and keep reusing them.



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## Parent's First Day Checklist

\*Child Health Report and Copy of Immunizations (**MUST** be completed using center provided form and signed by a doctor at the bottom and be **returned within 30 days of enrollment date**. It must be dated within 1 year, or within 6 months if the child is under the age of 2)

Copies of any and all IEP/IFSP's, any allergy or asthma action plans **must be completed using center provided specific forms**, see office, and must be signed by Dr.

Download Tadpoles App (See directions) and create your account using email provided to us

Is your child Potty Training? Parent must provide the following:

- Multiple pairs of underwear
- Multiple pants/shorts
- Crocs OR multiple pairs of shoes AND socks
- Easy Open sided pull ups (no diapers or regular pull ups)

Is your child age 3 or older and not potty trained? IF so parents **MUST** provide easy open sided pull ups, not diapers or regular pull-ups.



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### Toddler Room Readiness Checklist

The following skills are required and/or expected of your child before starting in our toddler room as listed below:

- MUST have turned 1 year old, unless otherwise approved by Director
- MUST be off of formula and on cows milk (or other dairy substitution that will be parent provided that is non-formula), unless there is a medical condition paired with a Dr. note
- MUST be drinking from a sippy cup and may not bring a bottle with to school
- MUST be eating table food/solids only and be able to eat everything on our menu, unless medical/allergy reason
- MUST be able to sit at a table in a chair that is appropriately sized for toddlers
- MUST be able to sleep on a cot, children may NOT use sleep sacks or swaddles
- MUST come with shoes on and should be able to keep them on for the majority of the day
- MUST be able to feed themselves with their fingers and/or small utensils
- Should be walking with coordination
- Should be able to make it until nap time without needing a nap in between
- Should be drinking other fluids besides milk (juice and/or water)
- Should be saying at least 3 words
- Should be attempting to use and hold their own utensils

Note: we do not prepare, serve, or offer formula in this room nor do we offer, provide, or serve baby foods and/or purees.

In toddlers we focus on our social and emotional skills, learning how to use our words to express our wants and feelings and how to play alongside other friends in parallel play.

The Tadpoles App will primarily be used to track attendance, meals, diaper changes, and naps and send home important and urgent updates and reminders. You will also receive photos through the app daily of your child. Please check our Facebook page for more updates on what we are doing in our center. Please check your child's cubby like always for art and other notes.



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### Toddlers to Young Preschool Transition Checklist

The following skills are expected of your child before transitioning from the Toddler room to the Young Preschool room.

- MUST be 2 years old
- MUST be able to feed themselves with no assistance
- MUST be able to drink from a sippy cup, no straw cups
- MUST be able to sleep on a cot
- MUST be able to sit at a table to eat
- Should be saying 3-4 word sentences
- Should know names of familiar people and body parts
- Should be starting to run with coordination
- Should be able to walk up and down stairs while holding a hand or railing
- Should be able to follow a 1 step direction

In Young Preschool we focus on our self-help skills, learning how to dress ourselves, putting our own coat on, cleaning up and carrying our dishes to the dirty dish bin after meals, learning how to play with others, and growing our vocabulary.

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### **Young Preschool to Preschool Transition Checklist**

The following skills are expected of your child before transitioning from the Young Preschool room to the preschool room:

- MUST turn 3 by September 1<sup>st</sup> in order to enroll for Preschool that year
- MUST be able to feed themselves with utensils with no assistance
- MUST be drinking from an open cup, no sippy cups
- MUST be able to recite own first name and should know their last name
- MUST be able to put on own shoes and coat
- MUST be able to pull up their own pants
- MUST have started potty training and be wearing underwear, if not parent MUST provide easy-open pull-ups ONLY
- MUST be able to tell their teacher if they have to go to the bathroom or if they had an accident
- If they need to wear a pull up at nap time they may, but they MUST bring pull-ups from home they, nor diapers, will be provided by the center for children ages 3 year of age and up
- Should be able to recognize their first name
- Should be able to hold a scissors
- Should be able to hold a pencil with a pincer grasp
- Should know at least 5 colors
- Should know at least 5 numbers
- Should be able to wipe themselves in the bathroom

In Preschool we focus on getting ready for PreK, learning how to spell, write and recognize our first and last names, recognize numbers and upper- and lower-case letters as well as letter sounds, and much more.

If your child is still actively potty training parents MUST provide multiples of underwear, shorts/pants along with crocs OR multiple pairs of shoes and socks.



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### Preschool to Pre-K Transition Checklist

The following skills are expected of your child before transitioning from the preschool room to the PreK room:

- MUST be entering Kindergarten the following school year, or just have missed the cutoff date
- MUST be fully potty trained, no pull ups
- MUST be able to dress and undress themselves, including zip a jacket
- MUST be able to use utensils to feed themselves
- MUST be able to sit for seat work
- MUST be able to sit for group time (Circle time)
- Should be able to cut on a line
- Should be able to recognize the letters in their own name
- Should be able to trace their own name
- Should recognize and name all of the colors
- Should recognize and name at least 4 shapes
- Should be able to read, write, and recognize numbers 1-5
- Should recognize and name at least 10 letters