

Menu

As a part of participating in the Farm to Preschool program we serve grass fed beef from Mill Hill Farm as well as eggs in addition to our own school chicken coop eggs, milk from local dairy farm, Way-Har Farm Market, and seasonal, locally grown, produce including those grown in our own school garden.

Week 1					Week 2				
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Cold Cereal	Chef's Choice	Pancakes	Eggs & Toast OR Egg Casserole	Cold Cereal	Cold Cereal	Cheff's Choice	Pancakes	Eggs & Toast OR Egg Casserole	Cold Cereal
Milk	Juice	Juice	Milk	Milk	Milk	Juice	Juice	Milk	Milk
Juice			Juice	Juice	Juice			Juice	Juice
Chicken Nuggets & Frech Fries	Meat Ravioli's & Bread	Sloppy Joe on bun	Chicken Noodle Soup & Crackers	Pizza	Creamy Chkn Broccoli & Rice Bake	Spaghetti w/ meat sauce	Cooked Ham & Mashed Potatoes	Meatballs in Tomato Sauce	Chicken Patty w/ Bun
Green Bean	Peas	Green Beans	Carrots	Broccoli		Mix Veg.	Green Bean	Butter Noodle	Green Beans
Banana	Peaches	Applesauce	Pears	Banana	Banana	Banana	Mix Fruit	Carrots	Pears
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Pears	Milk
								Milk	
Snack	Snack	Snack	Snack	Snack	Snack	Snack	Snack	Snack	Snack
Water	Water	Water	Water	Water	Water	Water	Water	Water	Water
Week 3					Week 4				
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Cold Cereal	Chrf's Choice	Pancakes	Eggs & Toast OR Egg Casserole	Cold Cereal	Cold Cereal	Chef'sChoice	Pancakes	Eggs & Toast OR Egg Casserole	Cold Cereal
Milk	Juice	Juice	Milk	Milk	Milk	Juice	Juice	Milk	Milk
Juice			Juice	Juice	Juice			Juice	Juice
Cowboy Casserole	chicken Parmesan	Beefaroni	Country Chicken Casserole	Pizza	Cheeseburger Macaroni Casser	Grilled cheese	Chicken Pot Pie	Walking Tacos	Hot dog & Mac & Cheese Casserole
Green Bean	Broccoli	Carrots	Peas & Carrots	Green Bean	Cauliflower	Tomato Soup	Broccoli	Lettuce & Cheese	Green Bean
Pears	Mix Fruit	Mix Fruit	Mix Fruit	Applesauce	Mix Fruit	Apples	Banana	Applesauce	Peaches
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
Snack	Snack	Snack	Snack	Snack	Snack	Snack	Snack	Snack	Snack
Water	Water	Water	Water	Water	Water	Water	Water	Water	Water

* Snack options include but are not limited to things like cheese crackers, graham crackers, animal crackers, wheat crackers, granola bars, etc

* Special/seasonal meals may be substituted at times at cook's discretion

* Chef's Choice will be a variety of fresh baked goods

* All beef is grass fed beef purchased from Mill Hill Farm In Hamburg PA

* Eggs from our own school Chicken Coop and Mill Hill Farm

* If your child may NOT have any foods for ALLERGY ONLY reasons please highlight that food and submit to their teacher